

COVID-19 Protocol for Families



COVID-19 Symptoms

- Fever 100.4 or higher; chills
- Cough
- Shortness of breath
- Difficulty breathing
- Sore throat
- New loss of taste or smell
- New muscle or body aches
- Nausea, vomiting, diarrhea
- Headache
- Runny nose or Congestion
- Fatigue

1. COVID-19 Close Contact

2. Teen Is Sick With Any COVID-19 Symptoms

3. Household Member is Sick

Teen should email or message instructor via their ASM Google account about COVID-19 exposure. Teens attending programs in an ASM facility (Lutz, Gately, Block 37, Cultural Center, and Ryan Learning Center @ The AIC) complete the [ASM COVID-19 Self-Reporting form](#).

Unvaccinated close contacts who were exposed to a positive contact must quarantine for at least 5 days from the last date of exposure or initial symptoms. A negative COVID-19 test does not shorten the quarantine period.

Vaccinated close contacts who are non-symptomatic do not need to quarantine after exposure. A negative test is not required to return to programs.

Testing is encouraged for all close contacts (regardless of vaccination status) between days 3-5 from the last date of exposure.

If one person in your household is quarantining and remains non-symptomatic, other household members (including siblings) are not required to quarantine.

Call your teen's healthcare provider

Get teen tested for COVID-19
Teen must stay home awaiting results.
If there is high suspicion the teen is COVID-19 positive, all unvaccinated household members (including siblings) must stay home.

All teens should be tested within 24 hours of symptom onset. If student is unable to be tested within 24 hours, all unvaccinated household members must stay home until the sick student has test results.

POSITIVE

COVID-19 case must isolate for 5 days from start of illness.

Unvaccinated household members must quarantine for 5 days (from date of last contact with a COVID-positive person)

Vaccinated household members who are non-symptomatic are not required to quarantine.

NEGATIVE

Stay home until illness is over

- ✓ Symptoms have steadily improved
- ✓ Fever-free for 24hrs without medication
- ✓ No uncontrollable cough
- ✓ No vomiting or diarrhea for 24hrs

Call symptomatic person's healthcare provider
Does healthcare provider say the symptomatic person needs a COVID-19 test?

YES

NO

Get sick person tested for COVID-19

POS

NEG

Unvaccinated household members must **quarantine at least 5 days** (from date of last contact or end of case's isolation); Sick person must **isolate** for at least 5 days.

Does teen have any symptoms?

YES

NO

Go to #2: "Teen sick"

Teen can return to programs!

****After isolation period, individuals may return to programs, but must continue to wear a mask through day 10, when around others.**